

Health and Social Care - Level 1 Diploma

This course provides an introduction to health and social care, developing your communication and IT skills, as well as the practical and technical skills needed to work in the sector. You will study the role of the carer, exploring their responsibilities, identifying the needs of others, as well as understanding the variety of jobs in the industry. You will also get to look more closely at personal care and learn how to create activities and learning experiences for both children and adults.

WHAT WILL I STUDY?

Topics covered can include:

- Range of service provision and roles
- Health and safety
- Introductory awareness of equality and inclusion
- Understanding principles and values of health and social care
- Encouraging children and young people to eat healthily
- Introduction to healthy lifestyles
- Awareness of protection and safeguarding
- Introduction to person-centred support
- Introduction to communication

WHAT WILL I NEED?

You will need:

- GCSE English Language and Maths at grade 2 or above
- An Enhanced DBS check

All applicants must have an interview and assessment to confirm that the course is suitable for them.

HOW WILL I BE ASSESSED?

Start Date: 4 September 2025

Duration: 1 Year

Attendance: Part Time

Center: Tottenham Green Centre

You will be assessed through a portfolio of evidence, collected from written assessments, presentations, witness statements and practice observation.

WHAT WILL IT COST?

AGED 16-18

If you will be aged 16, 17 or 18 on 31st August prior to the start date of your course and you have the legal right to remain in the UK for the duration of your programme then your study with us will be free. Please see [here](#) for the documents you will need to show us.

Some courses will have other associated costs, such as for specialist materials and trips. Many of our students are eligible for financial support, see [here](#) for details.

ADULTS - ENTRY LEVEL, LEVEL 1 AND LEVEL 2

If you will be aged 19+ on 31st August prior to the start date of your course, up to Level 2, then your study with us will be free. You must have lived for 3 years within the EU/EEA/UK prior to the start of your course, you must have lived in the UK before 1st January 2021 and you must have permission to live in the UK for at least 12 months from the first day of learning. Please see [here](#) for the documents you will need to show us.

Some courses will have other associated costs, such as for specialist materials and trips. Many of our students are eligible for financial support, see [here](#) for details.

WHAT CAN I DO AFTER?

Skills for Health and Social Care Diploma Level 2

Start Date: 4 September 2025

Duration: 1 Year

Attendance: Part Time

Center: Tottenham Green Centre

