

Adult Care Worker - Level 2 Intermediate Apprenticeship

Adult Care Workers are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives. To work in care is to make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges.

Adult Care Workers need to have the right values and behaviours developing competences and skills to provide high quality compassionate care and support. They are the frontline staff who help adults with care and support needs to achieve their personal goals and live as independently and safely as possible, enabling them to have control and choice in their lives which is at the heart of person centred care. Job roles are varied and determined by and relevant to the type of the service being provided and the person supported.

Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres, a person's own home or some clinical healthcare settings.

Apprentices will learn adult care practices, principles and standards, including:

- care planning
- duty of care
- professional boundaries and individual dignity and respect
- supporting individual physical and mental well-being to help people live as independently as possible - including individual control and choice and person-centred care
- safeguarding - including addressing personal rights and safety, dealing with abuse, comments and complaints and whistleblowing
- communication skills - including active listening, showing empathy and verbal, non-verbal and written communication
- health and safety practices and standards within a care environment - including dealing with accidents, fire safety, hazardous substances and infection control

WHAT WILL THE APPRENTICE STUDY?

Duration: 13 Months

Location: Workplace and College

Sector: Social care standards

The course will equip you with a variety of skills and knowledge to provide frontline care for vulnerable adults. This will include:

- How to contribute towards the development of a care plan, taking your lead from the individual and their preferences
- Learning about 'Duty of Care' and what that is in practice
- Understanding professional boundaries and individual dignity
- How to support an individual's physical and mental wellbeing
- Safeguarding and how to recognise unsafe practises in the workplace
- The importance of communication and active listening
- Being expert in current up to date health and safety practises and standards, including what to do if there is sudden injury or accident

For more information please visit the [Insitute of Apprenticeships](#).

ENTRY CRITERIA

All candidates will need to attend an information session before starting the programme.

All candidates will need to undertake a literacy & numeracy assessment prior to starting the apprenticeship training.

A minimum of 5 GCSEs at a minimum of grade 3 including:

GCSE Maths grade 3 or Functional Skills in Maths - Level 1

GCSE English Language grade 3 or Functional Skills in English - Level 1

HOW IS THE APPRENTICE ASSESSED?

Apprenticeships are assessed by classroom study coursework and assessments along with on-the-job practicals.

OCCUPATIONAL PROFILE

On completion of this course, you can progress onto further study in this field or into a career in the health and social care sector.

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Location: Workplace and College

Sector: Social care standards