



# Lead Adult Care Worker - Level 3 Advanced Apprenticeship

As a lead Adult Care Worker you will make a positive difference to someone's life when they are faced with physical, practical, social, emotional or intellectual challenges. You will be expected to exercise judgement and take appropriate action to support individuals to maintain their independence, dignity and control.

By providing leadership, guidance and direction at the front line of care delivery you will be instrumental in improving the health and wellbeing of those receiving care and support. Lead Adult Care Workers will in some circumstances have delegated responsibility for the standard of care provided and may supervise the work of other care workers. This exercising of autonomy and accountability means leading and supporting others to comply with expected standards and behaviours.

Lead Adult Care Workers may work in residential or nursing homes, domiciliary care, day centres or some clinical healthcare settings. As well as covering Lead Adult Care Workers this standard also covers Lead Personal Assistants who can work at this senior level but they may only work directly for one individual who needs support and/or care services, usually within their own home.

## WHO IS IT FOR?

A minimum of 5 GCSEs at grade 4 or above including Maths and English Language, or equivalent.

## TRAINING

Apprentices will learn:

- adult care practices
- principles and standards - including care planning and duty of care
- professional boundaries and individual dignity and respect
- supporting individual physical and mental well-being to help people live as independently as possible - including individual control and choice and person-centred care
- safeguarding - including addressing personal rights and safety
- dealing with abuse, comments and complaints and whistleblowing
- leadership and team management - including monitoring and reviewing care plans and encouraging others to comply with regulations, policies and procedures

**Duration: 18 months**

**Location: Workplace and College**

**Sector: Health and Social Care**



- communication skills - including advocacy, confidentiality and verbal, non-verbal and written communication
- health and safety practices and standards within a care environment - including dealing with accidents, fire safety, hazardous substances and infection control

**Duration: 18 months**

**Location: Workplace and College**

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