

# Health and Social Care - Level 1 Certificate

This course is an introduction to the ever-growing health and social care sector, a growing area for employment in the UK. In addition to an overview of the skills and knowledge needed, you will also gain employability skills, including communication skills, teamwork, time management and creativity.

## WHAT WILL I STUDY?

Topics covered can include:

- Health and Social Care needs
- Creative activities for children
- Promoting healthy eating in care
- Job opportunities in Health and Social Care

## WHAT WILL I NEED?

You will need:

- A reference from your previous school/college

You do not need to have any previous qualifications.

All applicants must have an initial assessment and interview to confirm that the course is suitable for them.

## HOW WILL I BE ASSESSED?

The course is assessed throughout the year with practical assignments and written tests.

## WHAT WILL IT COST?

AGED 16-18

If you will be aged 16, 17 or 18 on 31st August prior to the start date of your course and you have the legal right to remain in the UK for the duration of your programme then your study with us will be free. Please see [here](#) for the documents you will need

**Start Date: 1 September 2025**

**Duration: 1 Year**

**Attendance: Full Time**

**Center: King's Cross Centre**

<https://www.capitalccg.ac.uk/course/pdf/11302/>



to show us.

Some courses will have other associated costs, such as for specialist materials and trips. Many of our students are eligible for financial support, see [here](#) for details.

ADULTS - ENTRY LEVEL, LEVEL 1 AND LEVEL 2

If you will be aged 19+ on 31st August prior to the start date of your course, up to Level 2, then your study with us will be free. You must have lived for 3 years within the EU/EEA/UK prior to the start of your course, you must have lived in the UK before 1st January 2021 and you must have permission to live in the UK for at least 12 months from the first day of learning. Please see [here](#) for the documents you will need to show us.

Some courses will have other associated costs, such as for specialist materials and trips. Many of our students are eligible for financial support, see [here](#) for details.

## WHAT CAN I DO AFTER?

You could go on to study a Health and Social Care course at Level 2 such as our BTEC 'Level 2 First Diploma in Health and Social Care', or onto employment.

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