

Health Studies - Level 3 National Extended Diploma

This course is a vocational qualification designed for learners who are interested in pursuing a career in the Health and Social Care sector. The qualification is recognised by employers and universities in the UK and provides learners with the knowledge, understanding and skills required for further study or employment in the field of health and social care.

This diploma covers a wide range of subjects related to Health and Social Care, including human lifespan development, health and social care values, communication, interpersonal skills, promoting health and well-being, and understanding mental health. It also includes practical units in which learners will develop their skills in a range of care settings, such as residential care homes, hospitals, and community care services.

This course is suitable for learners who wish to progress to higher education in this field. It is also suitable for those who wish to develop their skills for personal interest or to improve their employment prospects in other fields.

Extended Diplomas have two one-year programmes. You need to finish the first year before moving on to the second.

WHAT WILL I STUDY?

This course consists of two separate qualifications. In your first year of study, you will work towards the Level 3 90-Credit Diploma. Following successful completion of this qualification, you will be able to progress to the Extended Diploma. Our Extended Diplomas offer equivalent UCAS points to studying 3 A Levels.

To achieve the qualification, learners must complete a series of mandatory and optional units, as well as assessments and practical activities. The qualification is assessed through a combination of coursework and external examinations conducted by the exam board Pearsons.

Topics covered can include:

- Effective Communication
- Equality, Diversity and Rights
- Anatomy and Physiology
- Social Sciences
- Human Physiology

Start Date: 1 September 2025

Duration: 1 Year

Attendance: Full Time

Center: Angel Centre

<https://www.capitalccg.ac.uk/course/pdf/10794/>

- Social Development
- Behavioural Sciences
- Biochemistry
- Environmental Health
- Health Promotion
- Nutrition

WHAT WILL I NEED?

You will need:

- Four GCSEs at grade 4 or above, including English Language, Maths and Science or an equivalent Level 2 qualification at Merit or above

All applicants must have an interview and assessment to confirm that the course is suitable for them.

HOW WILL I BE ASSESSED?

Assessment is continuous throughout the year through completing written assignments and projects as well as performing practical work that is assessed internally within the college.

There will also be some written examinations, assessed externally via Pearson, the BTEC awarding body.

WHAT WILL IT COST?

AGED 16-18

If you will be aged 16, 17 or 18 on 31st August prior to the start date of your course and you have the legal right to remain in the UK for the duration of your programme then your study with us will be free. Please see [here](#) for the documents you will need to show us.

Some courses will have other associated costs, such as for specialist materials and trips. Many of our students are eligible for financial support, see [here](#) for details.

WHAT CAN I DO AFTER?

This qualification can provide a solid foundation for a career in the health and social care sector. Successful completion of this diploma can lead to a variety of job opportunities in the sector, depending on the learner's interests, skills and career aspirations.

Careers include:

- Healthcare Assistants
- Support Worker
- Care Assistant
- Residential Care Officer

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- Youth Worker
- Social Worker (Assistant)

With further higher level (degree) study:

- Registered nurse
- Occupational Therapist
- Physiotherapist
- Clinical Psychologist
- Social Worker (qualified)
- Health Promotion Specialist

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